



Accepting the Darkness & the Search for One

Be unto yourself TRUE, for Truth is the Way. As you release the physical, you approach the doors of the Divine. Although you live in the physical world you still have access to the Invisible world. Open up your mind, open up your Heart, so you can come to experience your multi dimensionality. To do so you need not do anything. Simply Be, without judgement, without censoring, without thinking. Simply BE in this moment and then BE in the next and then the next.

Allow the Flow of Life to carry you from one moment to the next. It is "time", if you choose, to learn to accept and no longer be afraid of your Darkness. For in the Duality of your world, in order to ascend, one must master the Darkness. There is no need to welcome it or rejoice upon it's coming, but you have to allow it and not resist it. Don't judge it. Know that it is merely an illusion created so you could understand, comprehend and more fully fathom the Light.

To ascend while still in human form, one must learn to master the Darkness. It is not the Darkness that hurts so much, it is the Fear of the Darkness. Why do you fear it so? Why are you afraid of it? It is not bad unless you make it bad. Learn to accept ALL of Who You Are and you will learn to accept all of Life.

By denying and being afraid of your Darkness you run away from a part of you, a part of Life. You are here to learn the Wholeness of Life. You are here to accept your Completeness and as long as you reject a part of you, a part of Life, you deny Life itself. That is why Source created the Duality. To know more of Life beyond All Knowing, beyond All Being. So you say, how could there be more than All Knowing? How could there be more than All Being?

It is because All can grow. All can expand. To allow Source to expand the All, It had to create the Duality. To see how human beings given free choice, would cope in this "jungle" of the Duality. For the best way to know thyself is to realize that you are more than One.

You are Two, Who searches for One. Searching for One amidst the Two. The joining together of All that Is from Two to One. The mastering of the Duality. For the Two is merely an illusion created so you would think you are no longer One. Of course free choice is critical in this experiment - Two searching for One. But what if you give up the search and merely accept the One. Then Two disappears. Was there ever Two or did you merely "think" there was Two. Would there be Two if there was no judgement? Good and bad.

Why do you have such difficulty accepting what does not feel good? Is it the fear that the not feeling good will consume you? That you will not be able to get out of the not feeling good place? What if you simply allowed the not feeling good to play its course? What if you finally accepted the cycles of Life? Then you might come to see Life as One. Not two parts.

Not as different, but as the same - Two parts of One – The Duality. Master the Duality by accepting ALL aspects of Life as the Wholeness of One.

We are here for you anytime you wish to converse with Us. Simply enter a state of stillness and peace and We shall appear. Our love for you is everlasting and unconditional.