



The Gift of Personal Choice

We are here with you now and forever. Our love for you is unconditional. Know that, for it is your truth. You may have forgotten what unconditional love feels like because you have been removed from your true essence for a while. Some of you we know are working diligently to connect with that essence and we applaud you and we thank you for your effort. For when you do so, not only are you helping yourself, but also you are aiding, assisting, and increasing the vibration of the collective consciousness. You may not realize the effect you are having on those around you and those you don't even know continents away. But let us assure you, for we know and we see beyond your seeing, that the efforts you are making to find your essence, to remember who you truly are, are having an effect on your planet.

And we hear some of you cry out to us, "It sure does not feel like that to us. The ride seems bumpier at times, the curves and twists and turns in the road are causing us much anguish, much anxiety and much trepidation. So help us explain, help us understand how this world is getting better when we see the hatred, when we see the killing, when we see the things that are happening even in the environment. How can you tell us that the work we are doing in our spiritual journey is having an effect?"

And we say to you dear ones, it is because you only see with your eyes, but do not worry the energy of your planet is changing and there is an opportunity for you to see beyond what appears in the physical. Once again many of you are working on connecting to the Invisible World. We know because we have communicated with you. You may not know that it is us, but let us assure you whoever you think you are talking to, an Angel, a Guide, an Ascended Master, God Itself, you are talking to us. For we are connected on this side of the veil, we are all connected. And for those of you that are having a bit of a bumpy ride these days, we ask you to be patient. We ask you to stay calm. Stay determined to remain on your path, on your spiritual path. Don't give up on the principles that you have learned just because they do not appear to be manifesting as quickly as you would like them to be doing so.

And so we have come here tonight in the season of giving, in this season of celebrating, for no matter what your religious or spiritual beliefs, much of the world as it approaches this time of year, the end of the calendar, as many know it, is amidst a time for giving, a time for celebration. And in this world that has become so consumed with gifts and possessions and buying, we have for you this evening, a gift. We cannot tell you that we went out on Black Friday to buy it for you, because we would not stand in those lines (a little Cosmic humor).

No, our gift that we have for you is something that cannot be bought in a store, as a matter of fact the gift we have for you is one you have always had. Many of you have just forgotten and so maybe we

are just giving you the gift of remembering. We hope that the perspective we bring you will help you appreciate and learn to use this gift in a more meaningful way. Although we would like to tell you that the ride is going to get smooth from here on in, we cannot. We can tell you that the direction you are headed is a very positive one. The collective consciousness has made the choice that human beings on planet earth will continue in existence. Armageddon is no longer a choice, but as you move to the possibility of a smoother the ride, we hope that this gift will serve well.

We feel your anticipation, just like when you were a child and Mummy and Daddy said we have a present for you. You couldn't wait to tear off the wrapping. The excitement of a gift. And so we will not prolong your anticipation, we shall reveal to you as we take off the gift wrapping and look inside the box, as your angels, your guides, the invisible beings that many of you have begun to communicate with are here to tell you that your gift is **the power of choice**.

And you say to us: "We always knew we had the power of choice. This is the planet of free choice. Why do you give us something so apparent?" And we say to you: because you have forgotten. You have lost, you have diminished your personal power of choice. And we hear you say: "How do you know that? Why is that so obvious to you?" Look around at your life—are you happy, are you joyous, are you gleeful, are you thankful, are you fulfilled? How are you handling the bumps in the road? How are you handling it when the journey hastens and when the journey feels heavy? We hear you say: "We are doing the best we can." But are you really using your power of choice to the best of your ability? It the greatest gift that human beings have. It is not required in the Spirit world for there is no duality as there is on planet Earth. The principle of duality and the principle of free choice go hand in hand. Source created them so It could know Itself better, so reflect for a moment, have you really been using your power of choice to your greatest good, and the greatest good of all concerned? When someone does something to you or says something to you that hurts you, are you calling upon your power of choice to decide intentionally, consciously how you will respond or do you allow yourself to respond from the conditioned beliefs that were handed down to you?

Let us imagine that your life is a mural, a giant mural that began when you incarnated into human form and will end when you transition out of human form. The breadth of this mural, this canvas is very wide because it takes in not only you, but the circle of beings that intersect with your life, the family, friends, and acquaintances, the people that you met when you were growing up. Whether you knew someone for a minute or you knew someone for a lifetime, they are there with you on your mural of life. And you say, "Okay, we understand that, so what is your point?" The point we wish to make is have you given away your power to create that mural called my life, to others? Have you abrogated your responsibility as the creative director of that mural? Have you allowed others to paint what they wanted on your mural? So we ask you to consider with this gift that we are reminding you of, that no matter what happens to you, you always have the choice of how you respond. The human saying that the cup is either half full or half empty is well known to many of you. But the choice of how you see the cup is always yours.

We ask you to think about something that happened to you in the last few days. Imagine yourself standing in front of your mural with your palette and your brushes at that very spot on your canvas where that incident occurred. But now imagine that place on the canvas is blank and you get to paint over it, you get a do over, so to speak. Only this time you are going to choose more consciously, more intentionally, how you wish the events to unfold so they may be represented on your canvas of life. Think of all the times that you forgot that gift that we are reminding you of today, that you forgot your power of choice. Do you walk around talking about the cup half empty, do you complain, do you blame, do you procrastinate, do you make excuses or do you use your power fully and consciously to choose to make the best of every situation that comes your way. For no matter what influence other human beings have on you, for no matter what influence the invisible world has on you, it is you in your human body that will choose how you respond. Begin to use your gift more wisely, begin to become more conscious, more aware. Don't let life paint your mural for you.

Take back your power and become the creative director, the master painter, the master artist, stand in your power and choose differently. We would like to suggest to you that if you practice using this gift that we have reminded you of, your life will change dramatically. We are sorry to disappoint you when you got so excited that you thought you were getting something new. It is new—it is old, but new again. So begin to imagine, begin to dream what you want your canvas to look like. Begin to realize that every brush stroke is yours to decide and when others begin to throw black paint on your canvas, banish them, create boundaries and tell them they are not welcome on your mural.

This is your life, why not live it in a way you wish to create it. We would ask you to stand with us now in front of your mural at the point in linear time that you would describe as now, the present moment. Look to the left of your mural, your past. Depending on your physical age it may be longer for some or shorter for others. But look at that mural and realize that the canvas to that point is full. You may not like the colors, you may not like the patterns, but the canvas is full, even in the times you did nothing, the canvas has been painted. And now we ask you to take a deep breath and look to the right side of your mural, the future. What you will see is a blank canvas. In the physical realm time is linear the past is gone, the future has not yet occurred. Look at that white canvas, look at that blank mural and begin to get excited because as you invoke this gift of the power of choice, you will begin to realize that no matter where you are in life, no matter what physical age you are, the rest of the canvas is available for your creation. Human life is such that if you try to look to the end of the canvas, you will not be able to see when it ends. And that is by design, and a discussion for another time. But let us assure you that in terms of life that you have to live in this human expression, there is much.

Now once again look to the left and see what happens when you allow life to paint your mural. And now look to the right, and get excited, please get excited, with this gift that we have reminded you of—the gift of personal choice. The power of you choosing in every moment of every day how you wish to create your life. Do you wish to create a negative, pessimistic view of life, or do you wish to create an optimistic, positive way of life? We say to you, if you choose to be pessimistic and negative, we love you just the same. And if that makes you content, then by all means create your canvas with darker colors. But do it, we beg you, do it of your own choosing, not the choosing of others.

And so at this time of giving, we hope in some small way you will appreciate this gift that we have reminded you of, the power of choice. Will you be able tomorrow to go out and use this power to your greatest benefit? Of course the answer is no. You have forgotten the power you have. It is like getting the Jedi sword with great power, the first time you lift it, you will not know how to wield it moving forward. We use the image of the sword not to say that life is a battle. We use the image of the sword to talk of power. And so the power of personal choice exists in every moment. You have it in this moment. You have it in the next moment. And you have it in the next moment. Unless you are willing to slow down your life, slow down your mind, become more mindful, become more conscious, you will not be able to effectively use your power of choice.

We know so many of you have been used to giving away that power of choice. The ability to be decisive and discerning is difficult for you. Whether you willfully gave up that power of choice or others took it away from you, many of you are content to let others make choices for you. Please, keep in mind that “no choice” is still a choice. And if you are okay with no choice, and allowing someone else to make it for you, as long as that has been mindful, as long as that has been conscious, then that's all that counts. We hope years from now when you take a moment to look at your canvas, your mural, from the point which will be your today, back from the future to this moment, you will have a smile on your face. We hope that there will be a sense of contentment in your heart. We hope you have appreciated the choices that you've made in creating the canvas of your life.

Please know that we have given you this gift out of love. There is no judgment associated with it, for whether you choose to use your gift, the **power of choice**, or not, please know you are loved by us, and by the Source Itself forever.

Our love for you is everlasting and unconditional.