



Shifting Beyond “Me” to ‘We”

From this place of peace and tranquility we now call upon Shaltazar the Keeper of the Secrets of the Universe, the Gavish Banenu to come forth and share with us the wisdom of the ages.

We are here with you now and forever. Feel us for we are present in this room with you. We are present with you always. All you need do is open your heart, quiet your mind, and listen for the stirring that is deep within you. That stirring that has been here many times before. For we are your brothers and we are your sisters, we have been with you on your human expeditions. Some of us have even been beside you in the human experience. And some of us do not know what the human experience is all about. We are here to protect you, we are here to guide you, we are here to show you the way. But in order to enlist our assistance, you must ask. For you live on the planet of free choice. And the moment Spirit incarnates in human form you forget. You forget who you truly are, and embark on the journey of remembering. Some go through many lifetimes without even an inkling of that remembering. But that is not the case for those present with us today.

You have connected to that part of you that is Infinite, that part of you that has been here many times before. But this time is special, this time is different. And of course we hear you cry out, “Why is it different?” And we say to you, just look around. Look around at the ones who have embarked on the journey of awakening. See the miracles and see the gifts. See the light that many of your human brothers and sisters are now bringing forth to your planet.

There is much stirring of energy at this time, a full moon, a lunar eclipse, solar flares, and it is so easy to get drawn into the rollercoaster of emotions that is ever present in the human experience. For many of you have decided of free choice to connect more with the feeling consciousness. You have realized that the mind cannot give you all that you seek in life. Although often moving to the feeling place is uncomfortable, you have made that choice and for that we honor you. We thank you, we applaud you. For if you are to communicate with the Invisible World, if you are to communicate with your divinity, it can only occur through your sensory consciousness.

In the past, we have talked to you and told you and encouraged you that it is important to feel the full gamut of emotions that come forth. And so this evening we shall not talk as much about the darkness, the uncomfortable feelings, the ones that are not as

pleasant, for we are embarking on the season of Thanksgiving. We say “season of Thanksgiving” because in this great continent of North America, Canadians choose a day to celebrate Thanksgiving and Americans choose a different day. But it is in the autumn, the fall, the time of harvest that is the season of Thanksgiving. Tonight we wish to talk to you about beginning to embark on a different choice, on a different path than many of you have been on and many will be joining you on. It was necessary in your awakening, in your journey of self-discovery, to look inward, to open up your wounds, to allow the healing to occur, to focus on “me.” That was challenging for many because your belief system said that that it was selfish. The fear of narcissism is real for those who are afraid to be too “me” focused. But, let us assure you that was necessary in this path to awakening, in this path to more human enlightenment.

You notice we say more human enlightenment, for it is important to realize that your humanity, your humanness has limitations that will not allow you to achieve the pure enlightenment that is available to Spirit—to Spirit without the human form. For the vibration of the body you are in limits your ability to move to the highest vibration possible that is required for a more pure enlightened state. But let us assure you that there is so much room for you to move, even within human form, as far as enlightenment goes, as far as awakening goes. And we honor you who are on that path.

And so now, we invite you in this season of Thanksgiving to begin to make different choices. It is as if when you wake in the morning you go into a special room, a room full of lenses. On one wall there are lenses that are grayer, darker, more dimly created and on the other wall there are lenses that are brighter and lighter. It is as if each morning you go into that room and you choose the lenses that you will wear for that day, the lenses that will create your reality.

We use this analogy, but we realize that the choice you make is often not very conscious. That you get out of bed and seem to accept unconsciously the lenses through which you will see that day. And we share this analogy with you because we want you to take more seriously your choice each morning as to the lenses that you choose that will allow you to see your day, your reality. We are encouraging you now to begin to choose differently. The focus on “me” has created retrospection, reflection, reviewing your past. Healing your wounds, understanding your personal history, and as we said, that is important. It is part of the process required to truly awaken.

But the energy of your planet is shifting, and we are encouraging you in any way you possibly can to now shift your focus to “we.” So no longer is the question: what am I going to do today to let go of my hurts, to fix my wounds, to figure myself out? But you will begin, if you so choose, to put on the lenses of light and realize that there are so many of your brothers and sisters that could use your assistance, for you are the pioneers. You are the ones who have chosen this path of awakening. You are at the beginning of the curve. There are so many of the close to 7 billion people on your planet that are not as fortunate as you, that have not had the opportunity to see the glimpse of light that has beckoned you forth on this path of awakening. And we hear you cry out to us, “But we're not ready yet, there is more to fix within us. There is more to heal. There is more work we must do on “me” before we are ready.”

And we say to you, that is an illusion. The time is now. You are ready. You are ready to change your focus from the “me” to the “we.” To begin to ask *what can I do to help a fellow human being today?* And in this imaginary room that holds the lenses through

which you see life each day, there are a set of lenses that allow you to see beyond yourself, that allow you to see with greater compassion, greater empathy, and greater understanding those around you and how you may be of assistance to them. And, of course, we hear you say: "How?" But we know that you know how, you just think you don't. So when you open your heart and you allow the focus to move, to shift from within you to those around you, your heart of hearts will tell you. Your heart of hearts will tell you what you can do for that sad person you meet in the elevator or on the street. You can smile. You can say hello. You can beam them love. There is so much that you as Lightworkers are capable of doing, for although we are not in human form, we too, as you, are workers of the Light. And so we encourage you to begin to shift your perspective.

Be grateful that you have been on the leading edge. And yes, we know all of you have had your trials and tribulations. There is not but one human that does not have trials and tribulations. We are not belittling in any way your trials and tribulations. We are not saying to get over yourself, because it is important to continue to nurture and focus on self-care and self-love. As a matter of fact, it is so important, because if you do not fill yourself with love you will not have love to give others. So from a place of gratitude, no matter how many problems, no matter how many challenges, no matter how many issues you believe you have, please realize that simply your presence in this room, your listening to or reading this message means that you are capable of sharing with others. It is time to change the focus. And so, we encourage you each morning to set an intention. Set a resolve that you will do at least one thing for another human being.

And we believe you will become so addicted to doing for others that your good nature will multiply. One will become two, and two will become four, and four will become eight. And you, the pioneers, will be showing the way to greater kindness, greater caring, and greater empathy. You may even find that putting your focus on doing for others mitigates your own challenges, your own issues, and your own concerns.

Again, we do not want to make small the effort that you have made to work on yourself. It was an important part of the journey. But we would suggest to you that it is easy to get into the habit of focusing on "me," on focusing on my issues, on focusing on what I have to face. But it is time to let go a little bit of that focus, and from a place of gratitude and appreciation, from a place of giving thanks, turn your attention to what you can do for the weak and the less fortunate.

We bring you this message in love. Please do not see it as a criticism. See it as an opportunity to shift your course just slightly. Begin each morning the ritual of deciding what good deed you will do for another. Share it with your friends. Share it with your relatives. Create a challenge. You are the leaders. You are the Lightworkers. It is time to open up to the great awakening.

We are with you any time you wish to converse with us, simply enter a state of stillness and peace, and we shall appear. Our love for you is everlasting and unconditional.