



Love and Fear

Relax, let go, release our brother, our sister. Simply be in this moment as you let go of the mind and shift to the heart. Feel Us for We are here with you now and forever. No judgement, no censoring, simply allowing. Take a deep breath for with breath you allow the Divine to come forth.

What would your life be like if you felt more? If you truly connected with your Heart? If you were more Spirit centred? Take another deep breath. Allow Spirit to guide you by simply surrendering to the moment. No resistance. Just Being in the moment. Let go of anticipation.

Allow the moment to unfold. No rush when nothing comes for anticipation and expectation will prevent you from truly feeling the Moment. When you are totally open and receptive you are able to connect with the Invisible World. Open up your heart - wide. For it is in the heart opening that Divinity will find its way into your Beingness. The total surrender of control, the opening up of your totality, feel it, for it is so gentle. It is kind and caring.

Yes it is Divine, Unconditional Love. Allow it in. Do not resist. Do not be afraid, simply welcome this love. It is your birthright. It is you!

As you relax, more comes your way. Any resistance stops the flow. Any fear, any anticipation, any wondering, stops the flow of Divine energy coming towards you. Think of it as an invisible wall you put up, like a shield to stop the flow of Divine Love. And you may ask why would I do that? Why would I put up a shield to stop something so beautiful coming my way? Why would I stop the flow of Divine Love?

Of course there is no logical answer, and yet it occurs. It occurs over and over again, all over your planet, every minute of every day. People are putting up the invisible wall preventing the natural flow of Divine Love from coming their way.

And We hear you crying out "why". You say we don't understand. Why would we prevent such beauty and grace from coming our way? Why would we choose to suffer and struggle instead of merely accepting what God sends us so willingly?

You cannot receive this gift, this Divine Love, unless you open yourself up to it. And to do so you must let go of all your protection. You must lower the walls but you are afraid to, because you fear more than God's Love will come your way. You are afraid to be vulnerable, to be fully open. My friend, my brother, my sister, you are afraid of the Darkness. You are afraid of the "bad" that might come your way. In protecting yourself from what you think may be "bad", you prevent the very thing

you want most- God's Love. Your fear of the darkness, your fear of something bad, keeps you from the very sustenance that can truly make you feel content. You cut off the very Life Force that feeds you and nourishes you, all because you are afraid.

Afraid of the Darkness, afraid something bad will happen and in so doing you prevent yourself from having what you want so desperately. And so you go on searching in a lurking way, checking underneath the stones, in the cracks, you lurk around, half hiding, searching, for what is so easily available to you if only you could stop hiding. If only you could open up and allow yourself to be exposed. If only you could simply let down your protective wall and let go of the fear. Because with your fear of what might come your way; you prevent the very thing that you seek – Divine Love.

It is you and only you, who chases away what you really, really want - Love. You see you are Love and when you allow yourself to be love; you attract more love your way. But when you are afraid, you shield yourself from the love and instead get doubt, wonder and fear.

So why is that the case?

This just might be one of the purposes of human life. To find that which is right in front of your very eyes - the elusive holy grail. You continue searching, hoping, wanting, and desiring the love that is deep within you. You look everywhere except where you KNOW it is, because if you go to where the Love is, you open yourself up to what you think may be the forces of Evil. But Evil doesn't really exist; it is merely FEAR that has turned toxic.

To find the Love you so desperately search for, you must look FEAR in the eyes and simply move through it. It will not harm you, for it is but an illusion in this game of life. It is not real; only love is real and yet you have given FEAR so much power. You think it is real. You go through your life fighting imaginary dragons, watching closely around every corner, afraid of what you might find there. How can you find love when you focus so much on being afraid? Fear holds you from having what you want so desperately.

So when you finally learn to surrender to fear, to move through the fear, you will discover the Love that you have been so intently searching for. When you discover that the Love you seek is available to you whenever you choose, you will know in some way that you have come Home.

We are here for you anytime you wish to converse with Us. Simply enter a state of stillness and peace and We shall appear. Our love for you is everlasting and unconditional.