



Learning to Hear Your Messages from the Higher Power

Yes we are here with you now and forever. We are showing you The Way. Take a deep breath so you may breathe Us in. Relax. Surrender. Let go. Feel deeply our brother, our sister for you are One of Us. You are Us and We are you. Know it to be true.

There is no way and yet there is a way. How can that be? How can there be such a paradox, that there is none and yet there is some? Is it some or none, much or little, big or small? Which is it you say?

Or is it all of the above. There are so many paradoxes in the physical world, the place of Duality. Your logical mind tries so hard to understand the contradictions and yet you cannot explain. That is because the paradoxes are not meant to be understood in your limited dimensionality. To make sense of them you must transcend them.

When you know, the paradoxes just make sense. When you ascend to greater dimensionality you are able to understand the puzzles. For in the place of All, the trivialities of Life drop away. Again take a break deep breath for as We speak, you are trying too hard to comprehend, you are trying to figure it out. Allow your knowing to guide you. You are ready to understand more of what we tell you, with greater clarity, but in order to do so it will require a very open-heart and quiet mind. The mind must be still, quiet, not pushing or trying to comprehend.

In the stillness, the mind will be asked to merely transcribe, to translate. This can only be done from the place of stillness and peace. The mind must be content to merely transcribe what comes through you. No judgment of the message and definitely no judgment of the translation. For if you are to accept the gift We give you, preparation is required. You must practice quieting the mind and opening the heart. And yes We have repeated this many times. That is because you hear our message, but you have not yet mastered what We are saying. It is from the place of feelings that you will hear Us. Not from the thinking mind. So the mind needs to be silenced. We know for many of you that is a challenge, but unfortunately there is no other way.

So practice now. Be Still. Be quiet. Allow the thoughts that the mind is sending you to simply float away. Become detached from your active mind. Feel the silence. Feel it deeply. There will come a point in your silence, in your stillness where you will begin to hear Us. Trying to hear Us, merely keeps Us away. Surrender and We appear. Now practice often. When the time to hear your messages is right, you will, but faith, trust and patience is required. There are messages for all of you when you are ready to hear them.

We are here for you anytime you wish to converse with Us. Simply enter a state of stillness and peace and We shall appear. Our love for you is everlasting and unconditional.